

# Fighting Fires



Dear Friends,

This week, Los Angeles County welcomed the Super Scoopers back from Quebec to tackle wildfires for the 27th consecutive year. With a capacity of up to 1,600 gallons of water, Super Scoopers exceed the capabilities of other fire craft. L.A. County is experiencing high temperatures, dry terrain, and gusty winds, so we're glad to have these aircraft here to support our talented firefighters.

We anticipate fires will begin picking up in the coming weeks, so please be sure to have a plan in place. In case of an evacuation, bring snacks, water, medication, your photo ID, important documents, and your cell phone and charger. Also, make sure to clear brush around your house now to keep fires at bay. Stay up to date during an emergency on social media with [my office](#), the [L.A. County Fire Department](#), the [Sheriff's Department](#), and the [Red Cross Los Angeles](#). Visit the Fire Department's [website to read their Ready! Set! Go! Wildfire Action Plan](#) to ensure you're prepared.

The forecast is showing extreme temperatures this weekend as high as 111° in the San Gabriel, Antelope, and San Fernando Valleys and 116° in the Santa Clarita Valley. Please take extra precautions by staying hydrated and remaining indoors when you can. If you don't have air conditioning at home, [visit one of the cooling centers](#) at a local community center or library. If you want to venture outside, go to [one of the county's splash pads or swim beaches](#) to cool down. Remember to maintain distancing from people you don't live with and to bring your face covering with you. We've made so much progress to ensure our COVID case counts decrease, so let's continue that momentum!

Every year, Labor Day reminds us to pause to thank and celebrate the talented, determined workers across Los Angeles County. Whether you work in a school, restaurant, construction site, community center, office, or as a first responder, your work is valuable and you are appreciated. This Labor Day weekend, stay safe, healthy, and cool and take time for some well-deserved rest and rejuvenation.

Best wishes,

A handwritten signature in black ink that reads "Kathryn". The signature is written in a cursive, flowing style with a large initial 'K' and a long, sweeping tail.

Kathryn Barger

Supervisor, Fifth District

Chair, Board of Supervisors

# Expand Telehealth



At our Tuesday meeting, our board voted to look for ways to expand telehealth services for medical consultations, mental health services, alcohol and substance abuse treatment, preventative care, and other essential services. While we had to make adjustments during the Safer at Home directive which necessitated virtual care, these advancements could allow us to better reach our communities in a way that is innovative, convenient, and accessible. Health care services are now available for patients who may have had difficulty attending in-person appointments in the past. Telehealth programs have also supplemented costly

There are many benefits to this format that could advance our health care system long-term.

# Food for Families



Volunteers braved the heat on Tuesday to make sure Antelope Valley residents received groceries to keep their pantry and family full. Thank you to the Los Angeles Regional Food Bank, the City of Lancaster, and all the volunteers and workers who served our community at this week's event at Joe Walker Middle

Find food or volunteer.

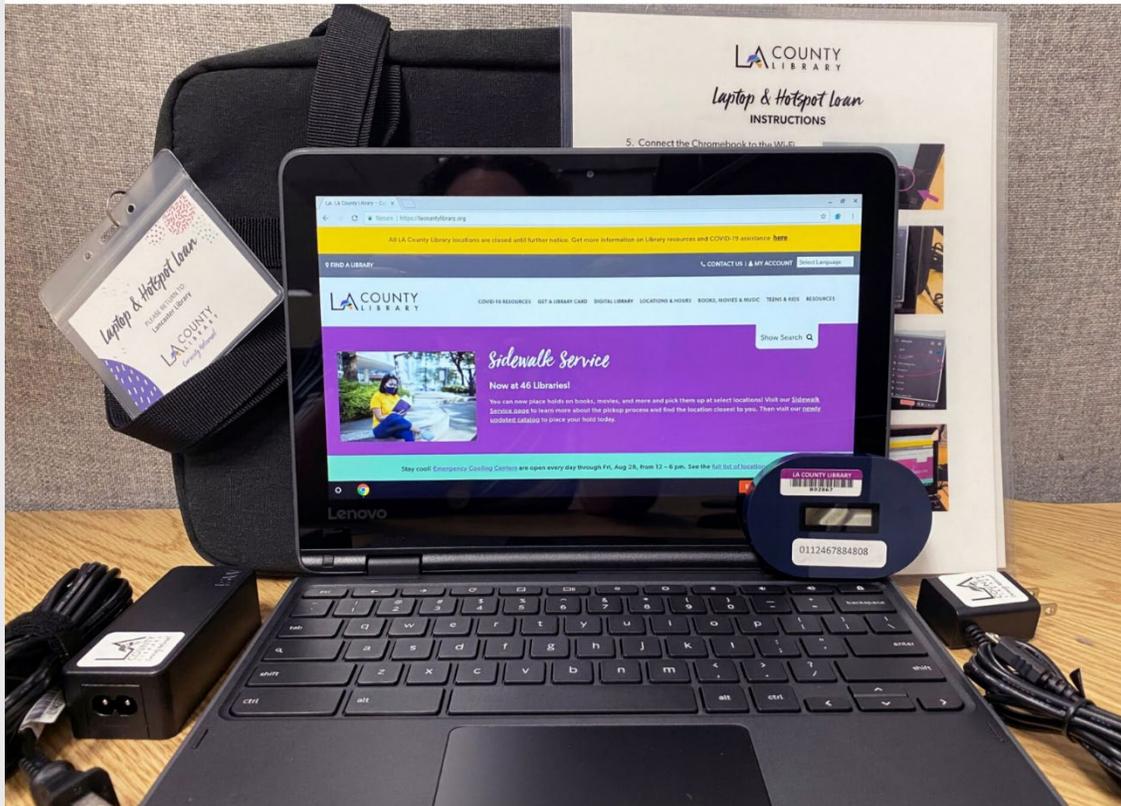
# Reopening Salons



On Wednesday, we announced good news for another group of local businesses. Hair salons and barbershops can now reopen indoor operations at 25 percent capacity. This enables thousands of shops across the county to serve more customers and revives operations to provide for employees' families.

Stay up-to-date on what's open.

# Loan a Laptop



Do you know someone who needs a laptop or Wi-Fi connection for work or school? The L.A. County Library is lending Chromebooks and wireless hotspots at 10 locations. The kits are available for three weeks with the option to renew.

Get connected.

# Transit News

The advertisement is split into two horizontal sections. The top section has an orange background and features an iPhone and an Apple Watch. The iPhone screen shows the TAP app interface with a 'Stored Value \$12.50' and a 'Done' button. The Apple Watch also displays the TAP app. To the right of the devices, the text reads 'Your TAP card is now on iPhone and Apple Watch.' Below this text are the 'tap' logo and the 'Apple Pay' logo. The bottom section has a blue background and features a woman wearing a purple shirt, glasses, and a black face mask, sitting on a train. The text in this section reads 'INTRODUCING THE NEW 5-DAY FLEX PASS EXCLUSIVELY ON OUR MOBILE APP'. In the top right corner of this section is the Metrolink logo and the slogan 'SMARTER. BETTER. ESSENTIAL.'

Using public transportation is more convenient than ever before. This week, Metro Los Angeles announced that TAP cards are now available on your iPhone, so adding funds to your card is quick and easy. It eliminates the need to carry an extra card or stop at the machine to reload before your commute. Also, Metrolink announced their new Flex Pass, giving riders extra flexibility, convenience, and savings. The 5-Day Flex Pass is perfect for workers' changing commuting patterns as a result of COVID-19. It is ideal for employees who need to get to their workplaces less frequently than the traditional daily commute because the pass

provides the convenience of five one-day passes customers can use whenever they need to travel over the course of a month, and it includes a 10 percent discount. Plus, on weekends, kids ride Metrolink for free and adults ride for just \$10!

[Get a Metro TAP card.](#)

[Get a Metrolink Flex Pass.](#)

# Mental Health Help



Despite the pandemic, Los Angeles County's new \$14.3 million mental health urgent care center is expected to be finished on schedule. The 9,900-square-foot building should be completed by Sept. 15 and furnishing and final touches will take about another month. After a few more weeks, the facility will prepare to see patients. The new center is located beside the Los Angeles County High Desert Regional Health Center in central Lancaster and will provide around-the-clock mental health services to adults, children and adolescents who are suffering a crisis and need immediate stabilization.

# Community Classes

*Register now!*

## FALL CLASSES

Outdoor and Virtual Classes  
beginning September 14

Find a class and register at  
[parks.lacounty.gov/fall20](https://parks.lacounty.gov/fall20)



A new season is the perfect time to pick up a skill. This fall, the Department of Parks and Recreation is hosting outdoor and virtual classes so you can start a hobby you've always wanted to learn. Try healthy cooking, karate, yoga, knitting, dog training, creative writing, music, and more!

[Register for a class.](#)

# Passion for Pets

PASADENA HUMANE SOCIETY & SPCA

**kids for animals** at home

A FREE ONLINE HUMANE EDUCATION PROGRAM FOR YOUNG ANIMAL LOVERS, AGES 7-12.

NEW LESSONS UPDATED WEEKLY:

ACTIVITY WORKSHEETS

VIDEO LEARNING

HUMANE EDUCATION LIVE

THEMES:

VETERINARY HEALTH ANIMAL BEHAVIOR PET CARE

Just in time for Coastal Cleanup Month, I'm proud to congratulate the Fifth District winners of the *Can the Trash!* Clean Beach Poster Contest. Our awardees from the Fifth District are third-grader Leyla Kukhmazova, fourth-grader Ryan Lupoff and fifth-grader Jadon Oh. Their artwork will be featured on hundreds of beach trash barrels to encourage community members to keep beaches clean.

Better our beaches.

Do you know a child who is passionate about pets? The Pasadena Humane Society and SPCA is hosting free online humane educational classes with new lessons every week. Youth can learn about veterinary health, animal behavior, and pet care with video courses and activity worksheets.

Hop on. The more the terrier!

# Can the Trash





**Downtown:**

500 W. Temple St. #869  
Los Angeles, CA 90012  
(213) 974-5555

**Antelope Valley:**

42455 10th Street West, Suite 104  
Lancaster, CA 93534  
(661) 726-3600

**East San Gabriel Valley:**

615 E. Foothill Bl. Suite A  
San Dimas, CA 91773  
(909) 394-2264

**Santa Clarita Valley:**

27441 Tourney Rd. Suite 180  
Santa Clarita, CA 91355  
(661) 287-3657

**San Gabriel Valley:**

215 N. Marengo Ave. Suite 120  
Pasadena, CA 91101  
(626) 356-5407

**San Fernando Valley:**

21943 Plummer St.  
Chatsworth, CA 91311  
(818) 993-5170

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