



Dear Friends,

This week provides some much-needed time to pause our normal rhythms and routines. This Thanksgiving season marks my office's third annual Days of Giving where we carve out time to spend in the community and give back. With the holidays now in full swing, it was especially meaningful to provide meals to local families over the past few days.

If you are able, I invite you to support a local nonprofit whose cause is close to your heart. And, if you're doing holiday shopping or ordering food, I encourage you to shop small and support the local businesses in your neighborhood.

I hope you find a moment for rest and rejuvenation. May your heart and stomach be full and may you find opportunities to connect with loved ones near and far. Thank you for your tireless commitment to your family, friends, and neighbors this season and this year. As we celebrate Thanksgiving, I'm most thankful for the way our community members continue to show up for one another.

Best wishes and abundant thanks,

Kathryn

Kathryn Barger

Supervisor, Fifth District

Chair, Board of Supervisors

San Gabriel Valley



On Monday, our staff joined the Foothill Unity Center at their Pasadena location to distribute Thanksgiving meals to local families. Team Barger was joined by other community volunteers and it was a pleasure to work side by side with our neighbors. There were many helping hands ready to serve and many attendees happy to be helped. Within the first few hours of the event, we gave out meals to

more than 200 families, which set a new record for the Center. The event was so special that we're excited to join the Foothill Unity Center for another food distribution at their Monrovia location on Monday.

Get involved with Foothill Unity Center.

Antelope Valley



Every week throughout this year, we've partnered with the Los Angeles Regional Food Bank to distribute meals at local parks, community centers, and churches. Throughout 2020, Los Angeles County has already hosted more than 50 food distribution events because the need has been so great. On Tuesday, we hosted two food distributions in the Antelope Valley with Thanksgiving in mind. We gave away

enough food to feed more than 1,500 households between our distributions at Bain Park and Pearblossom Park. We're grateful for this opportunity to serve so many families regularly throughout our County, especially in honor of our Days of Giving.

[Find food events near you.](#)

Santa Clarita Valley



We have also been fortunate to partner with our county departments to ensure every Los Angeles County family is fed. Our Santa Clarita Valley field office joined the team from the Parks After Dark program for a Thanksgiving grab and go event at Val Verde Park. By the end of the day, 300 families received a gift card for turkey, a box of shelf-stable canned goods from the L.A. Regional Food

Bank, and a Thanksgiving themed craft kit. Hosting these events at our neighborhood parks makes them incredibly accessible to local families.

Play a part with Parks.



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Santa Clarita Valley:

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