



WE ARE OPEN

Make your health and vision a priority, always



Services and Products

EYE EXAMS

Infants to Adults

**VISION
THERAPY**

EMERGENCY EYE CARE

Red/Dry/Swollen/Itchy Eyes
Eye Pain
Blurry Vision
Scratched Eye

**GLASSES AND
CONTACT LENS**

360 E. Las Tunas Dr. #203
San Gabriel, CA 91776

Call/Text: 626-999-3177
www.vizen.care

A Feast For Your Eyes

Eye Healthy Foods

LEAFY GREEN VEGETABLES

Lutein & Zeaxanthin help protect the eye from oxidative damage by absorbing harmful blue lights.

CARROTS

Beta-carotene is a nutrient that supports the health of the retina and helps night vision.

Omega-3 fatty acids lowers the risk of developing age-related macular degeneration (AMD) and improves dry eye symptoms.

FISH

Antioxidants neutralize damaging free radicals, counteracting different causes of visual impairment, like AMD.

CITRUS

Vitamin C may help delay or prevent cataracts and AMD and promotes healthy blood vessels throughout the body, including our eyes.

BLUEBERRIES

@eyescribbles

Benefits of VISION THERAPY

(Neuro-Optometric Rehabilitation)

School

Improved reading speed
Improved reading comprehension
Better test scores
Decreased time spent on homework
Improved handwriting
Decreased letter reversals

A+

Lazy Eye (Amblyopia) Eye Turn (Strabismus)

Improved clarity of vision
Overall cosmetic improvements
Improved Self confidence
Enhanced depth perception
Decreased headaches



Brain Injury

(Stroke, car accident, concussion, etc.)

Better balance and stability
Decreased dizziness & vertigo
Decreased double vision
Decreased eye fatigue
Less Brain Fog

Sports

Better eye-hand coordination
Quicker reaction time
Improved eye tracking abilities
Enhanced peripheral awareness



@eyescribbles

Even a child with 20/20 vision can have a vision issue that affects their learning.

Is it a learning disability? Attention disorder? Or is it a Vision Problem?

Call us at 888-988-4936 for a FREE consultation with our doctor. We'd love to see how we can help!

Up to 80% of a Child's LEARNING is through VISION!