

FDA Approved



Dear Friends,

This week, the U.S. Food and Drug Administration approved the Pfizer COVID-19 vaccine. Getting vaccinated is still our best defense against this virus and our best hope for fully returning to normalcy. Data shows that the COVID-19 infection rate among unvaccinated people is 4.9 times higher and the hospitalization rate is 29.2 times higher than the rate of fully vaccinated people. If you still have questions about the vaccine, head to [VaccinateLACounty.com](https://www.vaccinatelacounty.com) to get answers. If you're ready to get vaccinated, visit myturn.ca.gov to find a site in your neighborhood.

Best wishes,

A handwritten signature in black ink that reads "Kathryn". The signature is fluid and cursive, with the first letter 'K' being particularly large and stylized.

Kathryn Barger

Supervisor, Fifth District

Play with Pups



Thursday was National Dog Day and it's not too late to celebrate! The L.A. County Department of Animal Care and Control has a few doggone fun ways for you to partner to serve pups. Our community shelters are currently recruiting volunteers to play with high-energy dogs and to offer clinic and medical support. Additionally, if you have the capacity to open your heart and home to a four-legged friend of your own, there are still lots of dogs in our shelters awaiting adoption.

[Volunteer.](#)

[Adopt.](#)

Back to School



This month, more than 200 foster youth in Los Angeles County were treated to an incredible back to school event in partnership with [Tidings for Teens](#) in Santa Clarita. The youth were invited to a private shopping experience at Old Navy where they got to shop for new clothes and receive backpacks filled with school supplies. I'm grateful to the community volunteers who partnered with the [Department of Children and Family Services](#) to ensure these youth were set up for success this school year.

[Read this heartwarming story.](#)

Keep Cool



The forecast is looking hot this weekend in the Fifth District with temperatures as high as 106° in the Antelope Valley and Santa Clarita Valley. Be sure to drink lots of water and stay indoors when possible. If you need a place to keep cool, visit one of L.A. County's designated cooling centers at a local library, park, community center, or senior center.

Cool off.

Autumn Activities



Register now!



FALL CLASSES

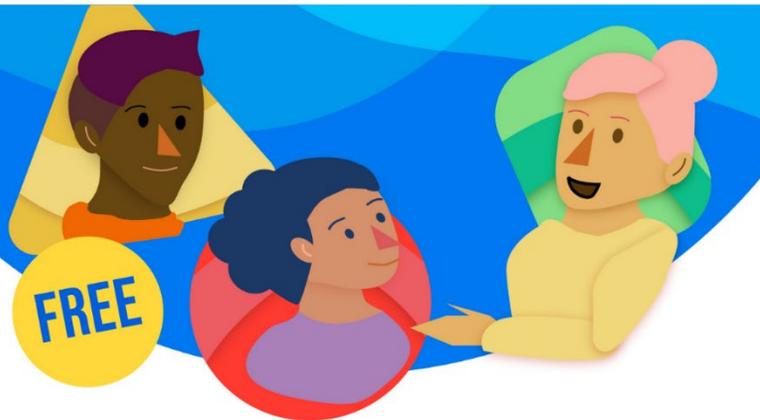
In-person & virtual classes for all ages begin September 7



Whether you want to take up a hobby, learn a skill, or get your body moving, L.A. County Parks has the perfect class for you. Virtual classes are available for all ages at accessible price points and are offered in person at a park and online from the comfort of home. Classes include arts and culture, technology, fitness, health and wellness, martial arts, music, dance, sports, and more. The fall session begins Sept. 7, so make sure to sign up now to reserve a spot.

[Register for a class.](#)

Mental Health Help



Mental Health Support for LA County

Get online mental health support 24/7 with on-demand coaching, lessons and more brought to you by the Los Angeles County Department of Mental Health.

Sign up at lacounty.iprevail.com



Take charge of your mental health. The Los Angeles County Department of Mental Health has partnered with iPrevail Health to provide residents with mental health services 24/7. Get free, on-demand support with trained peer specialists, join a community support group, or engage with a digital program.

Sign up for support.



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San Dimas, CA 91773

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Santa Clarita Valley:

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Santa Clarita, CA 91355

(661) 287-3657

San Gabriel Valley:

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communicated with Supervisor Kathryn Barger's office.