

Breaking Barriers



Dear Friends,

The [Los Angeles County Fire Department](#) is among the very best in the nation. With 177 fire stations and 4,741 personnel, the brave members of the department protect people and property every day. And more than ever before, we're seeing women step up to serve in our Fire Department.

This week, I met 100 women who signed up for the [Women's Fire League Prep Academy](#). During their training, they learn everything they need to be prepared to

successfully begin a career as a firefighter. Their strength and determination, both mentally and physically, show the exact kind of commitment we need from our first responders. I'm proud to see [women in leadership](#) at every level—from our Board of Supervisors to our county departments to the frontlines of our communities. A group of Girl Scouts also stopped by the Prep Academy, showing the next generation of girls the power of pursuing your dreams. As this incredible group of women fight fires and break barriers, I'm grateful for the opportunity to cheer them on.

Best wishes,



Kathryn Barger

Supervisor, Fifth District

Uplifting Moms



The WOW Flower Project hosts its Black Maternal Health Expo to celebrate the lives of Black mothers and babies and to address disparities in healthcare. By providing resources and having honest conversations, our community is confronting unacceptably high rates of Black infant and maternal deaths in Los Angeles County. Together, we're working to ensure healthy and joyous births for Black families.

Support their mission.

Pups of the Week



Lincoln

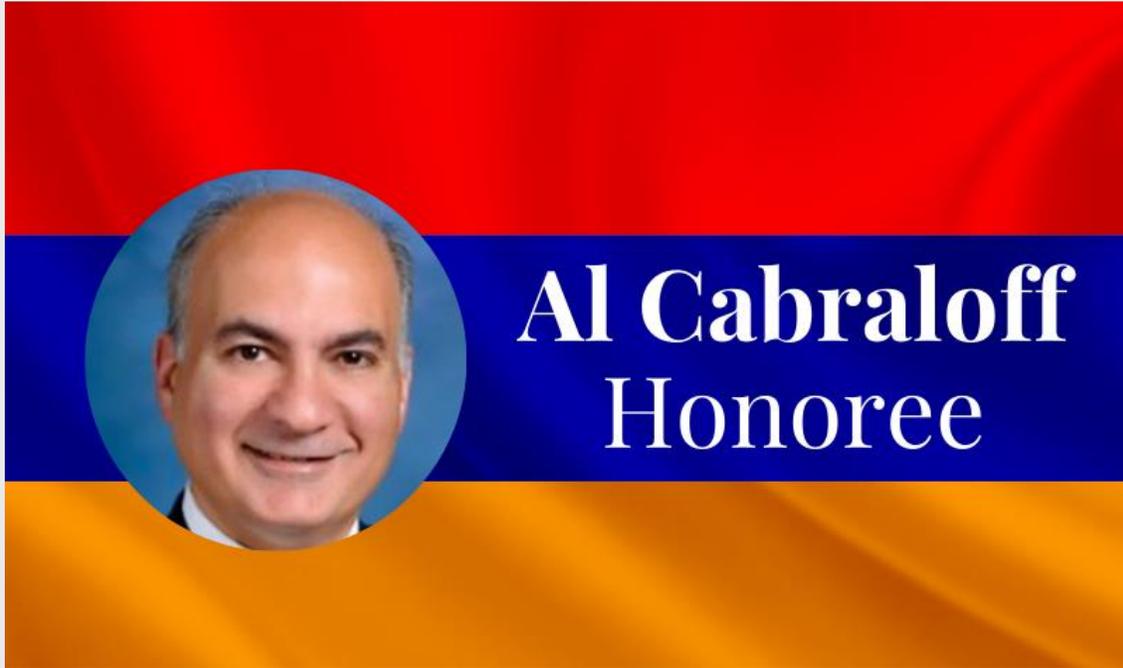


Millie

Meet two of our four-legged friends looking for a new home who are currently staying at the Palmdale Animal Care Center. Lincoln is a three-year-old German Shepherd mix. He's very easygoing with people and prefers to spend time with calmer dogs. Millie is a three-year-old German Shepherd. She is more on the gentle and timid side and could benefit from some more socialization because she is friendly but slow to warm up. If you have room in your heart and home for a new pet, please consider adopting one of these adorable pups!

Pick your perfect pet.

Armenian History Month



In celebration of Armenian History Month, I'm spotlighting an exceptional community member every week in April. This week, I'm grateful to honor Al Cabraloff, president of the Armenian Educational Foundation. Under his leadership, the organization has distributed much-needed funding to uplift students both locally and internationally, including \$3 million in scholarships and \$5 million to renovate more than 200 schools in villages abroad.

Engage with the Educational Foundation.

Mr. Los Angeles



Tom LaBonge was truly "Mr. Los Angeles." His love for this city remains his legacy and I was truly honored to witness his induction into the Los Angeles Memorial Coliseum Court of Honor on Thursday. From the time I met him when he was on staff at the City of Los Angeles and throughout his whole career as a council member, he dedicated his life to public service.

[Explore the Court of Honor.](#)

Kiwanis of La Cañada



Thank you to the La Cañada Kiwanis for inviting me to share about how Los Angeles County's work impacts their community. I'm grateful for their members' engagement and commitment to give back to their neighbors!

[Connect with the Kiwanis.](#)

Fight On



I was really grateful to sit down with the University of Southern California Unruh Associates on Tuesday. A bipartisan effort, members come together to encourage civic engagement and have honest conversations with their peers.

Sit down with students.

Current Affairs Forum

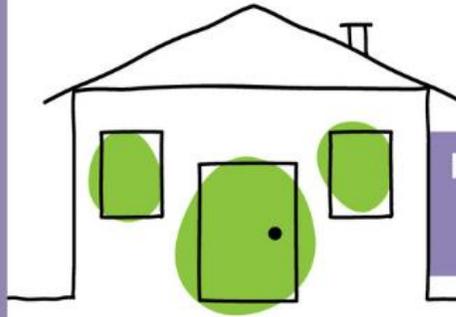


As we return to normal and reinvigorate our communities and businesses, I am truly grateful for the Los Angeles Area Chamber of Commerce's engagement and perspective. It was a privilege to join them for the L.A Current Affairs Forum on Monday to discuss the latest efforts in economic development, homelessness, public safety, mental health, infrastructure, and transportation.

[Join an upcoming Chamber event.](#)

Caregiver Webinar

Making Home Safe



FOR A PERSON
LIVING WITH
DEMENTIA

WEDNESDAY, APRIL 20th • 12–1PM

Register at bit.ly/3AP6Q2u



By equipping loved ones and caregivers with the resources and information they need, we can make home safe for people living with dementia and Alzheimer's. Tune in for a webinar on Wednesday, April 20 with me, Alzheimer's L.A., and the Los Angeles County Department of Workforce Development, Aging, and Community Services. We'll also be sharing about the L.A. Found program, which offers wearable tracking devices to people with a cognitive impairment to help law enforcement locate a person who wanders.

Tune in.

Youth at Work



The Youth @ Work program has job opportunities available for teens and young adults ages 14 to 24. The goal of the program is to provide young people with a menu of services that offer access to paid work-based learning, work readiness, paid personal enrichment training, academic and career development, and advanced career services. Get connected to a job today!

[Learn more and apply.](#)





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